

5 Minutes Vocabulary

Day 26

DISPEL



Meaning: Make disappear

The director of the disease center gave a press conference to **dispel** the myths about the Ebola

Synonyms: Remove, Eliminate, Scatter, Relieve

Antonyms: accept, keep, collect, allow



ESCHEWING



Meaning: deliberately avoid

Because I am a strict Christian, I tend to eschew events that are not religious in nature.

Synonyms: Abstain/refrain from, Shun, Abandon

Antonyms: face, meet, embrace, keep



FOSTER



Meaning: Encourage development

The government needs to **foster** child-healthcare in the country to reduce the mortality rate.

Synonyms: Promote, Cultivate, Nurture, Enrich

Antonyms: dissuade, hinder, halt, discourage



CALIBRATE



Antonyms: guess, neglect, ignore, disorganise

Meaning: quantify in a careful and detailed manner

During the concert, the audio technician will **calibrate** the music to a comfortable listening level.

Synonyms: Assess, Organise, Evaluate, Adjust

PREDICAMENT



Antonyms: ease, simplicity, lucidity,



Meaning: Unpleasant/Difficult Situation

My parents would never let me get into a financial predicament.

Synonyms: Plight, Mess, Difficulty, Crisis, Issue

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